

# 339° to Burnham and Back

## Descriptive Route Sheet

0		R from Start
0.9	0.9	L @ T to follow B1077 to BROME
		<i>If icy, consider option at Brome to meet A140 @ Swanwick House Dog Care Centre turning R &amp; L to follow B1077 via Stuston to A1066 &amp; through DISS to rejoin B1077. Its not any further.</i>
16.3	15.4	R @ A140 RAB and next L, cycleway available
17.4	1.1	R (easily missed) then cross A143 to PALGRAVE
19.5	2.1	In PALGRAVE, L @ T & R @ church to DISS
21.0	1.5	SO @ A1066 X & next X
22.4	1.4	L @ T onto B1077
40.4	18.0	Through ATTLEBOROUGH one-way system on B1077 SP WATTON . Continue B1077 to GREAT ELLINGHAM where
44.5	4.1	R @ RAB to pass through HINGHAM to GARVESTON SP DEREHAM
54.7	10.2	L @ T B1135 and follow B1135 via YAXHAM, where L @ T, to DEREHAM town centre
63.0	8.3	From DEREHAM Market Place take B1146 SP FAKENHAM
66.2	3.2	L (fork) to stay on B1146 SP FAKENHAM where
82.5	19.5	R @ T on A1065
84.5	2.0	L @ RAB on A148
84.8	0.3	Next R on B1355
99.0	14.2	At BURNHAM MARKET Continue N on B1355 (ie R @ GT, L @ T, R SP Brancaster (A149))
100.6	1.6	L @ T on A149 to BURNHAM DEEPDALE
103.3	2.7	CONTROL at cafe/garage/shop on L
		Retrace the route back to DEBENHAM CONTROL
		<i>In DEREHAM, either walk through the no-entry section (275m) or follow one-way system.</i>
		Don't miss the R turns @ YAXHAM and after GARVESTON
206.6	103.3	ARRIVEE

'Descriptive' route sheet means it's likely a map or GPS will be needed and riders are advised to familiarise themselves with the route instructions before starting the ride. Not every turn is described in detail. But the route is direct (bearing 339°) and simple in character. Ideal for a no-frills winter 200 with warm shelter and refreshment opportunities every 20k. As there is only one intermediate control, there are many options to plan alternative routes. eg, via Wymondham

### Abbreviations

L	Left
R	Right
SO	Straight on
N	North
T	T Junction
X	Cross Roads
RAB	Roundabout
TL	Traffic Lights
GT	Green Triangle
SP	Sign Post
imm	immediately
eff	effectively
alt	alternative
opp	opposite

CAPITALS indicate places the route passes through.

*Italics* indicate another route suggestion